

Dear Parent/Carer,

As part of our involvement with *Sustrans* Active School Travel programme we are excited to be holding a special Active Travel to school day on:

**Friday 26<sup>th</sup> January**  
**Ditch the Dark Day!**

The theme of the day is to 'Ditch the Dark'. To raise awareness of safe travel to school during the darker days, we are encouraging children to *actively* travel (*Walk, scoot or cycle*) to school wearing the brightest clothing they can!

Children are invited to get creative with their outfits to be super bright. The possibilities are endless – bright clothing, glow sticks, fluorescent orange socks, a pink tutu, a neon green wig – get bright, brighter, brightest!

You are more than welcome to join the fun yourself! Please feel free to dress to impress in your best neon bright clothing and travel to school *actively* with your child on the day! We understand that it might not be possible for everyone to actively travel to school the *whole* way, particularly if you live far away. In this case we'd encourage you to park up along your way and walk the final bit to school with your child. In doing so we hope we'll reduce the number of cars around school and have lots of active kids! If you allow your child to travel by bike/scooter we highly recommend the wearing of a helmet and ask that you check that clothing/decoration doesn't interfere with the mechanisms (brakes, wheels etc). We hope that you enjoy taking part and getting active on the school run!

**What would our school look like if everyone were to leave the car behind and travel *actively* to school? – Let's try it and see!**

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School Champion  
Camphill Primary School

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